

Under the guidance of Colorado Department of Public Health and Environment the following guidelines were established to help create a return to school illness policy:

Anyone (including students, staff, parents, and visitors) with a fever greater than 100.4 degrees should stay at home until they are *fever free for 24 hours* without the use of fever reducing medication i.e. Tylenol, Ibuprofen etc.....

If your child experiences vomiting or diarrhea they may return to school or child care *24 hours after the last episode* unless the vomiting or diarrhea is caused by an illness that requires them to stay home longer.

If your child becomes ill and has an underlying illness like asthma, diabetes or another chronic illness, or if the symptoms become severe (difficulty breathing, a very high fever) you should contact your doctor immediately for recommendations.

If your child does not feel well enough to participate comfortably in usual activities, you should keep your child home.

Frequent handwashing is the number one way to prevent illness. Everyone should wash their hands after sneezing, coughing, after using the bathroom, and prior to eating or preparing food.